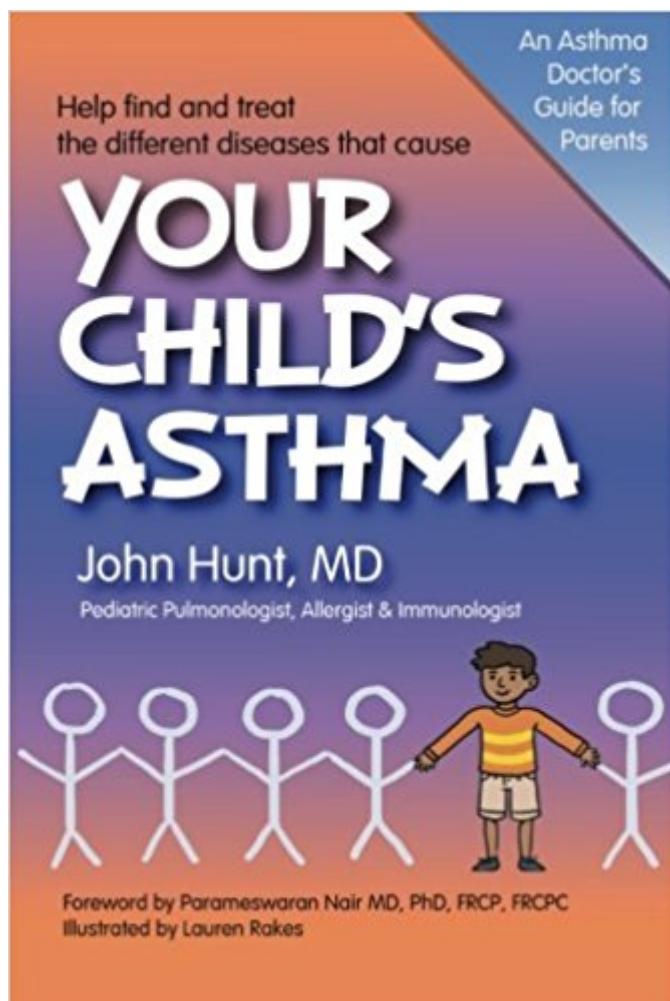


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# Your Child's Asthma: A Guide For Parents



## Synopsis

Asthma is not a diagnosis. If you or your doctor thinks your child might have asthma, your next question should be: "What disease is causing my child to have asthma?" It's a question often forgotten. There are many diseases that cause asthma, and these diseases require different therapies. Your Child's Asthma is unique, just as your child is unique. This book is entirely focused on the diagnosis and management of the individual child. There is no cookbook medicine here. In Your Child's Asthma, you will learn about the different causes of asthma your child may have, and the treatments that are most effective for each cause of asthma. You will learn about viruses and allergies and everything else that causes wheezing and coughing in babies through young adults. Your Child's Asthma is authored by a pediatrician who is also a pulmonologist and an allergist/immunologist. Dr. Hunt provides parents with authoritative and up-to-date information, moderated always by straightforward common sense.

## Book Information

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## Customer Reviews

Each child is an individual, and each child with asthma should be treated individually. In this highly readable book, Dr. Hunt pushes back a little - and shows parents how to push back - against institutions that permit only algorithm-based, generic care for childhood asthma.

--Ben Gaston, MD, Chief, Division of Pediatric Pulmonology, Allergy, Immunology and Sleep Medicine, Rainbow Babies and Children's Hospital, Cleveland, OH, USA Dr. Hunt does a great job explaining asthma and I highly recommend this book for parents, patients and medical students.

--Tina Merritt, MD This book is long overdue. It is a frankly honest look at a very complex problem

written with a tremendous amount of humor and knowledge; it was a joy to read. I highly recommend it to all parents with asthmatic children and, quite importantly, to medical providers treating children with asthma. It will change the way doctors think too. It will empower parents with knowledge, sensibly presented, with just the right flavoring of the science.--Nico W. Vehse, MD, Alpert Medical School at Brown University, Hasbro Children's Hospital, Medical Director of Asthma Camp and Community Asthma ProgramExcellent...very readable from a parent's perspective....nice job of balancing technical writing about medical information while still creating a very accessible informational book for parents...well organized and thorough. -Steve Feder DO FAAP, FACOP; Immediate Past President, Maine Chapter American Academy of Pediatrics; Associate Professor, Clinical Pediatrics, Tufts University School of MedicineDr. John Hunt is an expert in childhood asthma... The doctor's ability to disseminate information and compassionately communicate as a parental peer, rather than a superior, is a breath of fresh air. Each chapter is unobstructed by the concept that asthma is the final diagnosis. Hunt discusses physiology, triggers, tests, complications, therapies, medications, and most importantly, he expands the once narrow passageway to understanding the basis of your child's unique asthma. - Alisa Fleming, Allergic Living, Winter 2016

John Hunt, MD, is a Fellow of the American Academy of Allergy Asthma and Immunology and both a Pediatric Pulmonologist and an Allergist/Immunologist. He is one of the very first doctors in the United States trained in both pediatric subspecialties that care for children with asthma symptoms. His perspectives on childhood asthma formed under the mentorship of the best medical minds in the world. He grew up with asthma himself and has two asthmatic children. Dr. Hunt focuses on the specialness • the individuality • of each child. And that makes all the difference. Dr. Hunt is co-founder of Trusted Angels Foundation, which works in West Africa. He is also the author of two novels, Higher Cause and Assume the Physician.

This book is truly one of a kind. As an clinician and researcher of "asthma" (and the many, many things that cause it), I am pleased to say this is the first book I have found that accurately depicts its complexities. Even more impressively, it does so in an easy-to-read manner that makes it useful to all perspectives - patients, their loved ones, and clinicians. Dr. Hunt has done an excellent job with "Your Child's Asthma".

If you have a child with asthma, or know a child with asthma, you will want to buy and READ this

book. Dr. Hunt painstakingly breaks down every aspect of asthma into terms that are easily understood. While reading it, you will have many “ah-ha” moments. When you have finished reading it, you will feel empowered. This book is more than a reference book; it is more like a map that will guide you from point A to point B and beyond, leading you to work with your child’s asthma specialist to develop the best treatment for YOUR child. I look forward to sharing it with the patients and families I work with, as well as with my colleagues.

While I do not personally struggle with asthma, as a clinician I have struggled with communicating the complexities of this "physiologic disturbance" to parents. Dr. Hunt's masterful command of the English language and simplicity in explanations is powerful not only to parents, but clinicians as well. Bravo - This 30 chapter book is a easy read and can be used as a quick reference refresher for parents - which is no easy task.

Dr. Hunt is a master communicator and any student of medial history will concur that the words of Sir William Osler apply to this author. Osler said that a good doctor would be available, affable and able and Dr. Hunt synthesizes those sentiments in his writing - it is intellectually available, kind-spirited in nature and accurate to a tee. But one should not be surprised for this complete clinician has, in all his writings demonstrated an uncanny ability to cut through the clutter to focus on what is important. Asthma is a dreadful disease for anyone to bear, but for a parent to see their child suffer is insufferable and this book is a balm for that concern. I heartily endorse this book as a physician, father and with friends whose kids are asthmatics. Well done Dr. Hunt.....and keep on writing!

"Asthma is not a diagnosis." These are some of the most refreshing words I've ever read written by a physician. I grew up an asthmatic child, so severe that I was falsely diagnosed with CF, while I actually was wrestling with asthma, compounded by pneumonia, and living in an allergen laden environment. When we moved out of that moldy house, my symptoms disappeared. I haven't used an inhaler since. It's clear to me not that the home environment put my system on high alert. Absent those conditions, I'm as healthy as can be. Asthma is not a diagnosis. Read this book.

As a physician who routinely treats patients with asthma, I was delighted to have a chance to read Dr. Hunt's outstanding book "Your Child's Asthma". Information is power and this book provides

parents with greatly needed insight into many aspects of their child's asthma. The book covers a broad range of topics related to asthma and yet is an easy ready, even for those without a medical background. If you have a child with asthma I would strongly recommend you get and read this book. It will help you better understand asthma as well as help you advocate better for your child. You will not regret it!

If your child has asthma, give them a gift and read this book! As a Respiratory Therapist for over 20 years I have encountered too many families who feel helpless when it comes to managing their child's asthma. This book gives valuable information parents need to know. It is truly unique in its ability to be comprehensive, organized and simplistic in its education of asthma. Dr. John Hunt is truly an amazing physician who identified the need and took the time to make sure he shared his extensive knowledge of asthma in a way that would make a wide-spread impact.

Dr. John Hunt has done it again. Dr. Hunt has the rare ability to explain complicated science to the layperson. This book is indispensable to the parents of children with asthma. Dr. Hunt stresses that diagnosing the causes of asthma is critical to identifying the proper treatment. If your child has asthma, buy this book.

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